

Climbing for Kids

Bring your kids and join us for a day of climbing fun! Climbing is a great way for children to stay active while having a great time. In our youth program, we focus on developing the skills needed to become an experienced rock climber. Learning to climb will help your children grow in confidence and personal strength.

Get your kids away from T.V. and video games and get them active! Under the watchful eye of our staff, your child will learn basic climbing skills using our best climbing walls.

When: Thursdays and Saturdays starting June 5th – 5:00pm to 7:00pm

Where: Recreational Center – 415 South Valley Drive

Cost: \$20 for your first visit and \$22 for each additional visit.

- Ages 6-14
- Parent Waiver form required
- Wear loose comfortable clothing
- Climbing shoes can be rented for \$5
- Harness and Helmet provided
- Birthday Party packages available

Contact us:

Phone: 804 397 6563

Email: Climbingwallforkids@communi.com

Jim Murphy – Owner

Jessie Murphy – Climbing Supervisor

Mary Rogers – Climbing Supervisor



Climbing Application and Release Form

Complete all required information and mail this form to: Climbing Wall for Kids; 415 South Valley Drive; Sacramento, CA 94244

Information

Name: _____

Street Address: _____

City, State, Zip Code: _____

Date of Birth: ____/____/____

Telephone Number: () _____ - _____

I would like to rent climbing shoes _____ Yes _____ No

If yes: size _____

Height _____

Weight _____

Authorization Form

I _____, the parent or legal guardian of _____, hereby give permission for my child to participate in all climbing activities sponsored by Climbing Wall for Kids. I understand that there are risks involved and all safety procedures will be followed. My child has no physical issues that might keep him or her from participating.

Emergency Contact Information

Contact: _____

Telephone Number: () _____ - _____

Family Physician: _____

Telephone Number: () _____ - _____

WORD RECOGNITION, STRUCTURE, AND VOCABULARY

•Knowledge of letter-sound relationships to say written words

•Use context clues to figure out what a word means.

•Recognize common word relationships and structures

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Read this excerpt from Document B.

I _____, the parent or legal guardian of _____, hereby give permission for my child to participate in all climbing activities sponsored by Climbing Wall for Kids. I understand that there is **risk involved** but all **safety procedures** will be followed. My child has no physical issues that might keep him or her from participating.

The phrase risk involved and the phrase safety procedures suggest that the activity might be considered:

1. dangerous
2. exciting
3. difficult
4. easy

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What is the correct way to divide the word confidence into syllables?

1. confi\dence
2. co\nfi\dence
3. con\fi\dence
4. c\on\fi\de\nce

3

Read this sentence.

Complete all **required** information and mail this form to:

In this sentence, the word **required** means

1. difficult
2. not needed
3. necessary
4. dangerous

4

Read this sentence.

“Hereby give **permission** for my child to participate in all climbing activities sponsored by Climbing Wall for Kids”.

What is the meaning of the word **permission** as it is used in the sentence?

1. Give someone advice
2. Tell someone they can do something
3. Help someone accomplish something
4. Let someone know it is not important

READING INFORMATIONAL TEXT: KEY IDEAS, READING FOR UNDERSTANDING

- Read and understand non-fiction texts
- Make inferences and predictions and draw conclusions
- Summarize reading
- After reading the text, I can determine key ideas
- Analyze how arguments develop

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When will the climbing class take place?

1. Thursdays and Saturdays starting June 5th.
2. Tuesdays and Thursdays from 5pm to 7pm.
3. Mondays and Fridays from 8am to 3pm.
4. Thursdays and Fridays starting in July

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What equipment do you need to climb according to document A?

1. Gloves, ropes, loosed clothing and climbing shoes.
2. Helmet, gloves, harness, and loose clothing.
3. Climbing shoes, ropes, gloves, and a helmet.
4. Climbing shoes, loose clothing, a helmet, and harness.

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Which detail from Document B emphasizes the dangers involved in climbing?

1. I would like to rent climbing shoes. ___yes ___no
2. I understand that there are risks involved and all safety procedures will be followed.
3. My child has no physical issues that might keep him or her from participating.
4. Complete all required information and mail this form to: Climbing Wall for Kids; 415 South Valley Drive;
Sacramento, CA 94244.

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The author implies that playing video games

1. are more fun than climbing.
2. is harder than climbing.
3. can make you inactive.
4. will get you away from your television

READING INFORMATIONAL TEXT: CRAFT, STRUCTURE, EVALUATION

•Analyze the structure of texts •Evaluate the author's tools and techniques used to craft a story •Evaluate a text for bias

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Which document gives you the most information about the climbing class and why?

1. Document A because it describes what kids will be doing and what equipment they need.
2. Document B because it requires parents to sign a permission slip.
3. Document A because it describes how to play video games.
4. Document B because it explains the risk of climbing.

Documents "Climbing "

NWEA MAP READING PRACTICE

(RIT 181-190)

STUDENT SELF EVALUATION SHEET

?	STRAND/SKILL	CORRECT		I NEED MORE PRACTICE WITH...
1	Use context clues to figure out what a word means.	YES	NO	
2	Knowledge of letter-sound relationships to say written words	YES	NO	
3	Use context clues to figure out what a word means.	YES	NO	
4	Use context clues to figure out what a word means.	YES	NO	
5	After reading the text, I can determine key ideas	YES	NO	
6	Make inferences and predictions and draw conclusions	YES	NO	
7	After reading the text, I can determine key ideas	YES	NO	
8	Evaluate the author's tools and techniques used to craft the text	YES	NO	
9	Analyze the text structure	YES	NO	

Documents "Climbing"

NWEA MAP READING PRACTICE

(RIT 181-190)

ANSWER KEY AND TEACHER EVALUATION SHEET

?	STRAND/SKILL	ANSWERS	CLASS NOTES...
1	Use context clues to figure out what a word means.	1	
2	Knowledge of letter-sound relationships to say written words	3	
3	Use context clues to figure out what a word means.	3	
4	Use context clues to figure out what a word means.	2	
5	After reading the text, I can determine key ideas	1	
6	Make inferences and predictions and draw conclusions	4	
7	After reading the text, I can determine key ideas	2	
8	Evaluate the author's tools and techniques used to craft the text	3	
9	Analyze the text structure	1	